



THE AMERICAN  
UNIVERSITY IN CAIRO

SCHOOL OF  
HUMANITIES AND  
SOCIAL SCIENCES



# 2016

## Third Annual Congress of Cognitive Behavior Therapy

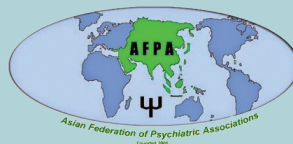
### “Beyond the Basics: Into Evidence-based Practice”

Organized by:  
**Egyptian Association of Cognitive Behavior Therapy  
(EACBT)**

**Co-sponsored by:**



**W P A**  
World Psychiatric  
Association



Asia Federation of Psychiatric Associations

February 25 - 27, 2016  
Conference and Visitor Center  
AUC New Cairo

# Welcome

Dear Colleagues,

It gives us grand pleasure to invite you to the 3rd annual congress of the Egyptian Association of Cognitive Behavior Therapy to be held on February 25 - 27, 2016 at The American University in Cairo, Egypt.

We invite psychiatrists, psychologists, social workers and all colleagues to contribute to this annual day of training and education.

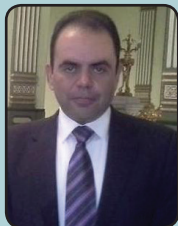
We anticipate that this congress will be an international celebratory event connecting expertise from all over the world with our significant keynotes, guest speakers and trainers.

By organizing this annual congress we aim to disseminate the knowledge and expertise of cognitive behavior therapy to all professional working in the field.

In addition to presenting a stimulating scientific program, we also offer a whole day training pre-congress workshops aiming to empowering participants with clinical skills required in their every day practice.

Your presence will help us make this event a grand success. We look forward to meeting you on February 2016.

Sincerely,



**Prof. Hisham Ramy**

Congress President

Psychiatry Professor, Ain Shams  
University

Secretary General of Mental Health &  
Addiction Treatment



**Dr. Reham Aly**

Congress Secretary  
EACBT President

Day 3: Saturday, February 27, 2016

## Scientific Program

08:30 - 10:00	Registration	
09:00 - 09:15	Opening Ceremony	<b>Prof. Ahmed Okasha</b> <b>Prof. Hisham Ramy</b> <b>Dean Nathaniel Bowditch</b>
09:15 - 09:45	Plenary Lecture	The Biology of Cognitive Behavior Psychotherapy <b>Prof. Ahmed Okasha</b>
09:45 - 10:00	Coffee Break	
10:00 - 10:30	Keynotes	CBT & Psychosis: Hopes for the Future <b>Prof. Hisham Ramy</b>
10:30 - 11:00		Integrating Psychophysiology and Biofeedback into CBT, A New Neuroscience and Evidence-Based Perspective for Psychotherapy <b>Prof. Tullio Scrimali</b>
11:00 - 11:30		Is there anything that cognitive therapists can learn from Sufism to Enhance Awareness and Understanding? <b>Prof. Mehmet Sungur</b>
11:30 - 12:00		Psychosocial rehabilitation in 21st Century: Needs, Opportunity and Challenges <b>Prof. Afzal Javed</b>
12:00 - 12:30	Coffee Break	

Hall A		Hall B
12:30 - 13:00	Suicide prevention: is cognitive behavioral therapy the solution? <b>Prof. Abd El Nasr Omar</b>	CBT & Other Psychotherapies; Where do they meet & how do it differs <b>Prof. Mahmoud Hamouda</b>
13:00 - 13:30	CBT in Erectile Dysfunction; Myth or Fact? <b>Prof. Tarek Okasha</b>	CBT for depression: changing your mind will change your brain <b>Prof. Medhat Basiony</b>
13:30 - 14:00	Psychological coping for families of psychiatric patients <b>Prof. Wafaa El Bahaey</b>	Cognitive Behavior Therapy for children with sexual abuse <b>Prof. Eman Alkammah</b>
14:00 - 14:30	Cognitive-behavioral therapy for Borderline Personality Disorder <b>Prof. Reda Ismaeil</b>	Models of Treatment of Addiction <b>Prof. Mahmoud Elhabiby</b>
14:30 - 15:00	<b>Abbott Symposium</b> Faverin – the potent anti-depressant <b>Dr. Sally Ragy Riad</b>	
15:00 - 16:00	Lunch	
16:00 - 16:30	CBT for a New Life with Weight Loss: Think Like Thin People Think <b>Dr. Hanan El Rassas</b>	Is CBT cultural sensitive for the Arab world <b>Dr. Mona Amer</b>
16:30 - 17:00	Integrating Play Therapy with CBT for Children with Psychological isorders <b>Dr. Safaa Eraky</b>	Socratic Dialogue in CBT <b>Dr. Ehab El Baz</b>
17:00 - 17:30	CBT Moving Forward; In Egypt & Globally <b>Dr. Reham Aly</b>	



تعلن شركة أبوت عن توفر مستحضر

متوفر الآن  
بالصيدلية

## فاقرين

صنع في فرنسا إستيراد شركة أبوت برودكتس



شريطين كل شريط ١٥ قرص

٣ شرائط كل شريط ٢٠ قرص



الجمعية المصرية للعلاج المعرفي السلوكي

See you next year in  
**The Fourth Annual Congress of  
Cognitive Behavior Therapy**  
February 23 – 25, 2017

Scan this QR code to download the congress  
book



Official Organizing Agent



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